



Created by Be Ready, Inc.  
[www.bereadyinc.com](http://www.bereadyinc.com)

## TOPIC IDEAS FOR NEIGHBORHOOD DISASTER PREPAREDNESS MEETINGS

<http://www.bereadyinc.com/DOWNLOAD>

- 72-Hour Kits (Individual and family, for car, office, school, home or evacuation)
- Water Storage
- Food Storage
- Likely disaster scenarios for your area
- How to shut off water, gas or electricity if necessary
- Securing water heaters, computers, appliances or valuables
- First aid and/or first aid kits
- Creating a safe zone for your neighborhood and securing your perimeters
- Planning skilled help stations based on the listed skills of your group members; for example, nursing, documentation, insurance helps, cooking, child care, schooling, activities, fire safety, camping setup, first aid, games center, communications, ham radio operation, evacuation, certified emergency response, security. Decide who can plan ahead to set up and maintain particular stations in your physical area, and who can protect your area from looters or dangerous intruders.
- Creation of an emergency contact list with phone numbers, cell numbers and school numbers for family members/children. Designate authorized neighbors who can be close to schools in the event of road blockage and parents not being able to pick up children in an emergency situation. Make sure these authorized people are trustworthy and that they are listed with the schools in advance. Have each individual choose and input an out-of-state emergency contact number in case incoming calls are shut off. Have members input an ICE (in case of emergency) local contact person and phone number into their cell phones in case of a road accident or medical emergency when police or medical personnel need to find someone to contact regarding the victim.
- How to stay calm in a disaster—especially how to keep children calm
- Create a store of non-electrical games for people of all ages in case of a long-term power outage.
- Emergency hygiene: how to keep dishes, clothes, people and cooking areas clean when water is at a minimum.
- Emergency communication: battery-less radios, AM/FM radios, ham radios
- Bird Flu or other bacterial emergencies
- Nuclear emergencies.
- Water contamination emergencies
- Quick evacuation
- Document grab-and-go kits
- How to preserve pictures on CD or DVD or negatives in case you have to leave photos behind
- Evacuation plans for fire, earthquake or violent intruders
- Fire Safety, fire extinguishers (how to use them), fire escape ladders, escape plans
- Known child molesters living around your area to beware of
- Self protection in case of a physical assault or using pepper spray
- Insurance: the best and worst companies, or what kinds of insurance to have, and how to have copies of documents stored in a place other than your home.